

Competition Regulations

In Conjunction with the
LAVic Competition Rules

2018/19

Version 1.1

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PREFACE

Little Athletics Competitions in Victoria are conducted in accordance with the Competition Rules of Little Athletics Australia (LAA).

LAA use the International Association of Athletics Federations (IAAF), as the basis for the rules and make modification to suit the ages, nature and abilities of athletes participating in Little Athletics.

The Competition Rules are to be used at all levels of competitions in Little Athletics to ensure a consistent and safe program is offered to all participants.

These Competition Regulations and Event Plans are the administrative processes that assist in providing a consistent and safe program to all participants.

These are the processes and specific rules that apply to competitions conducted at Centre, Region and State level.

LAVic COMPETITION REGULATIONS

LAVic RULE 601: STATE & REGION COMPETITIONS

1. LAVic will conduct the following State Championships with qualifying competitions as indicated:

Championship	Qualifying Competition
State Relay Championships	Region Relay Carnival
State Combined Events Championships	No qualifying competition
State Track & Field Championships	Region Track & Field Carnival
State Road Relay Championships	No qualifying competition
State Cross Country Championships	Region Cross Country Carnival
State Cross Country Relay Championships	No qualifying competition

LAVic RULE 602: PARTICIPATION REQUIREMENTS FOR REGION & STATE COMPETITIONS

1. To participate in any Competition an athlete must:
 - (a) Be registered as a Competitive Member, as per Regulation 7 - Registration of Competitive Members,
 - (b) Be a LAVic financial registered competitive member in their correct age group by the closing date and time of entries for the competition
Note: For Relay competitions, the closing date and time of entries will be defined as the date and time of submission of team sheets (Refer LAVic Rule 612.2&3)
 - (c) Only compete at a Centre approved competition.
 - (d) Have met any additional participation requirements of the competition (Refer LAVic Rule 602.5)
2. Each Centre is responsible to LAVic for ensuring an athlete's registration details and number of participation weeks attended is correct
3. An athlete can only claim one Centre approved competition per week from any Monday to the following Sunday.

4. A trial day (maximum of two) may be claimed as a week of Centre approved competition if the athlete meets all participation requirements defined in this Rule.
5. The following additional participation requirements must be met for athletes to compete in the following State competitions:
 - (a) **State Track & Field Championships:**
 - (i) Athletes must have participated in a minimum of four weeks of Centre approved competition of the Centre where the athlete is registered within the qualifying period determined by LAVic.
 - (ii) Only competitions organised by an affiliated Centre may be used as a Centre approved competition with the exception of Cross Country events.
 - (iii) Athletes must have competed in and finished in a top 8 placing in the final of the relevant event at the Region Track and Field Carnival where the athlete's Centre is allocated.
 - (b) **State Relay Championships:**
 - (i) Athletes must be a LAVic financial registered competitive member in their correct age group by the closing date and time of entries for the competition.
 - (ii) For Relay competitions, the closing date and time of entries will be defined as the submission of team sheets (45 minutes before the first event on the day of competition).
 - (c) **State Combined Events Championships:**
 - (i) No additional requirements
 - (d) **State Road Relay Championships:**
 - (i) No additional requirements
 - (e) **State Cross Country Relay Championships:**
 - (i) No additional requirements
 - (f) **State Cross Country Championships:**
 - (i) Competed and completed the relevant event at the Region Cross Country Carnival where the athlete's Centre is allocated.
6. If an athlete is unable to meet the participation requirements due to exceptional circumstances the athlete may appeal to LAVic to waive this requirement. Appeals must be received by the defined date and time as determined by LAVic for that competition. All documentation relating to the appeal must be forwarded to LAVic by this date and time.
7. There are **NO** exemptions permitted for direct entry into the State Track & Field Championship.
8. Except for competitions where age group promotion is permitted athletes will only compete in the age group applicable to their birth date.
9. If an ineligible athlete/team competes in a competition that athlete/team will be disqualified from that competition.
10. Appeals Process
 - (a) Requests for exemption can be submitted to LAVic Appeals for review by the Competition Manager and Appeals Chair and to be ratified by the General Manager.
 - (b) All requests for exemptions into a competition together with all supporting documentation must be submitted by the closing date and time for appeals as determined by LAVic.
 - (c) The Appeals form can be downloaded from the Competition / Rules & Regulations section of the LAVic website www.lavic.com.au, which is then submitted to LAVic by email appeals@lavic.com.au.
 - (d) The applicant, Centre and Region will be informed of the result of the appeal at least 7 days prior to the competition.

LAVic RULE 603: ENTRIES INTO REGION & STATE COMPETITIONS

Region & State Competitions

1. The submission and payment of entries will be determined by LAVic.
2. Entries will close at the date and time set by LAVic.
3. The Organising body will set the maximum number of athletes or teams allowed to compete in each event.

State Track & Field Competitions

4. Athletes will be limited to enter a maximum of four events at the Region Track & Field Carnival. However, if the Region conducts events not offered at State, athletes may participate in these invitational events as well.

Note: Entries into Region Track & Field Carnival will only be provisional until participation requirements have been met.

State Relay Competitions

5. For Relay competitions athletes will be limited to enter in a maximum of three event types on any one day of competition. (See LAVic Rule 612 for listing of the event types)
6. Athletes will be limited to enter a maximum of three event types at the Region Relay Carnival. However, if the Region conducts events not offered at State, athletes may participate in these invitational events as well.
7. Centres & Regions may enter teams for any of the event types conducted.
8. For the Region Relay Carnival, Centres & Regions must submit the names of athletes comprising each team for each event type to the Competition Secretary/ Communications at least forty-five minutes prior to the start of the first event of the competition. For each age group & event type each team must be identified by "A", "B", "C" etc.
9. These team sheets will be forwarded to the LAVic Office. If there are any changes between Region and State or between heats and finals, a Team Change form must be submitted to the Competition Secretary no later than 45 minutes before that particular event.
10. If there are no changes to team composition between Region and State then forms are not required to be resubmitted.
11. The designated fine of \$250.00 may be imposed on the Centre/Region for each team found to be competing in breach of the eligibility of team composition requirements.

State Road Relay Competitions

12. For State Road Relay competitions athletes will be limited to enter in one event only.
13. Centres may enter teams for any of the events conducted.
14. For each competition, Centres/Regions must submit the names of athletes comprising each team for each event to the Organising body prior to closing date and time of entries.
15. The Centre/Region Team Manager must validate and sign Centre team sheets at the conclusion of each event.
16. The designated fine of \$250.00 may be imposed on the Centre/Region for each team found to be competing in breach of the eligibility of team formation requirements.

State Cross Country Relay Competitions

17. Refer to the above regulations for State Road Relays.

State Cross Country Competitions

18. Team entries will not be required to be submitted. Teams will be determined based on the individual placing of athletes in the event.

LAVic RULE 604: EVENTS CONDUCTED AT STATE CHAMPIONSHIPS

1. The following table lists the events held for State Championships and the number of qualifiers by place per Region and the maximum field sizes permitted for a State Championship event;

Note: Regions may offer additional invitational events, however these cannot be events not allowed for that age group. Eg. U9 cannot compete in Triple Jump.

Event		Age Group								Qualifiers by place per Region	Maximum field size
		U9	U10	U11	U12	U13	U14	U15	U16		
Track and Field	70m	X	X							1	24
	100m	X	X	X	X	X	X	X	X	1	24
	200m	X	X	X	X	X	X	X	X	1	24
	400m	X	X	X	X	X	X	X	X	1	24
	800m	X	X	X	X	X	X	X	X	1	16
	1500m			X	X	X	X	X	X	1	24
	60m Hurdles	X	X	X						1	24
	80m Hurdles				X	X	G			1	24
	90m Hurdles						B	G	G	1	24
	100m Hurdles							B	B	1	24
	200m Hurdles				X	X				1	24
	300m Hurdles							X	X	1	24
	700m Race Walk	X								1	24
	1100m Race Walk		X	X						1	24
	1500m race Walk				X	X	X	X	X	1	24
	High Jump	X	X	X	X	X	X	X	X	1	24
	Long Jump	X	X	X	X	X	X	X	X	1	24
	Triple Jump			X	X	X	X	X	X	1	24
	Discus	X	X	X	X	X	X	X	X	1	24
	Javelin			X	X	X	X	X	X	1	24
Shot Put	X	X	X	X	X	X	X	X	1	24	
Relays	4x100m	X	X	X	X	X	X	X		1	16
	MS 4x100m	X	X	X	X	X	X	X	X	1	16
	4x200m	X	X	X	X	X	X	X		1	16
	MS 4x200m	X	X	X	X	X	X	X	X	1	8
	Medley (2x100m, 1x200m, 1x400m)	X	X	X	X	X	X	X	X	1	8
Combined Events	Combined Events	X	X	X	X	X	X	X	X	No qualifying competitions	
Cross Country	1.5km	X	X							Must compete & complete Region Cross Country	
	2km			X	X					Must compete & complete Region Cross Country	
	3km					X	X	X	X		
Road Relays	3 x 1.5km	X	X							No qualifying competitions	
	3 x 2km			X	X					No qualifying competitions	
	3 x 3km					X	X	X	X		
Cross Country Relays	3x1km	X	X							No qualifying competitions	
	3x1.5			X	X					No qualifying competitions	
	3x2km					X	X	X	X		

Legend:

B – Boys Only **G** – Girls Only **X** – Both Genders **MS** – Mixed Sex

■ Event not offered for that age group at Region or State.

■ Refer to the LAVic Standard Events Table for events conducted at Centre level.

Qualifiers by place per Region – The number of athletes/teams from each Region to automatically qualify for the State Championship in that event. Athletes/teams must have attained any qualifying standards that may be set for that event. Refer LAVic Rule 610

Maximum field size – The maximum number of athletes/teams permitted for a field for each event. The field consists of qualifiers by place per Region and qualifiers by performance across all Regions.

Qualifying for State Championships

2. The details for qualifiers by place and qualifiers by performance for each specific State Championship event are detailed in the Rule 604 table.
3. When qualifying competitions are held, an athlete/team will only be eligible to qualify in an event for the State Championship by having met any participation requirements and any qualifying standards for that event.
4. In the case where a re-run of an event has occurred only the results of the re-run event will be used.
Note: A re-run only occurs if unforeseen circumstances require the event to be re held.
Note: We do not conduct run offs in the case of equal performances, all places & performances remain equal.
5. For High Jump, if the athletes are still equal after the application of the count back rule, the athletes concerned will be awarded the same place; there is no jump off for any placings including first place.
6. Except where the maximum field size for an event is eight, in the case of ties for qualifying positions by place to the State Championship all athletes/teams will be advanced. In the case where the maximum field size is eight, where there is more than one tie for 1st place, timed finals will be conducted with teams determined by place and performance. If only one tie for 1st place occurs, then the maximum field size will be eight and one final conducted.
7. LAVic will combine the results of athletes/teams from all qualifying competition events to determine qualifying positions by performance for that event.
8. Athletes or Centres are to advise the LAVic office if an athlete/team who has qualified to the State Championship for any given event, does not intend to participate in that event, in order to progress the next qualified athlete/team.
9. In the case of a publication error the matter should be referred to LAVic.
10. If there are insufficient entries, or in the event that places and performances are equal only clear progressions will be advanced, i.e. a field may be less than the allowed maximum field size.

Replacement of Athletes/Teams at State Championships

11. Athletes or Centres are to advise the LAVic office if an athlete/team who has qualified to the State Championship for any given event, does not intend to participate in that event, in order to progress the next qualified athlete/team.
12. Only eligible athletes/teams who meet the qualifying criteria for that event are eligible for replacement.
13. The next athlete/team on performance across all qualifying competitions who has met the qualifying criteria for that event will be invited to compete.
14. There will be a release of initial qualifiers from LAVic, followed by a specified time to accept any withdrawals and then a final list of qualifiers will be published highlighting any newly qualified athletes/teams. Once the final list is posted, no new athletes/teams will be progressed.

Call Room & Check In at State Championships

15. At State Championships athletes are required to be at the Call Room by the following times;
Relays – 20 minutes
Track & Field – 20 minutes for track events
- 30 minutes for field events
16. At State Track & Field Championships U15 and U16 athletes will be required to check in one hour prior for all laned events;
100m, 200m, 400m, 90m hurdles, 100m hurdles, 300m hurdles, 400m.

LAVic RULE 605: POSTPONEMENT OR CANCELLATION OF EVENTS OR COMPETITION

1. The Competition Manager, Meeting Manager & Referees must consult with the LAVic Event Director (CEO) as outlined in the LAVic Severe Weather Policy to decide if the remainder of the programme yet to be conducted will be postponed, cancelled or relocated due to conditions being such that safety of athletes and/or Officials is at risk. The LAVic Event Director will have sole responsibility to make this decision.
2. Once a competition has commenced the Referee in consultation with the Meeting Manager and Event Chief Officials will have the responsibility to decide if individual event is to be postponed, cancelled or relocated due to conditions being such that safety of athletes and/or Officials is at risk.
3. Events effecting ALAC Selections (U13 Australian Teams Championship and U15 Multi-Event Championship) must be re-scheduled first where specific events or the programme is postponed.
4. The Organising Body in consultation with the LAVic Event Director will decide whether events not conducted on the day are conducted at a future date or cancelled for that year.
5. In the event of the programme being abandoned for the day, all events completed, including track events where finalists have been selected, and completed rounds of field events, will stand.
6. If a field event, except High Jump, is restarted, athletes are eligible to complete the event in accordance with the Competition Rules.
7. If a field event, except High Jump, is not restarted, and all athletes have completed at least half the number of rounds allowed, then that event will be deemed to have been finished, and results will be based on performances over the completed rounds only.
8. In a High Jump event where there are four or less athletes in the event when it is stopped, then the event will be deemed to have been finished and results based on performances recorded after the last completed round.
9. In a High Jump event where the number of athletes exceeds four and the event is restarted then only those athletes who have not been disqualified from further jumping will be eligible to continue in the event. The event restart will have the bar set one increment above the height set for the last full round of jumps completed before the event was stopped. A full round is one which includes an athlete passing their turn by choice.

Note: The Event Chief Judge may allow each athlete up to two practice trials at various heights before the event restarts.

LAVic RULE 606: PRESENTATIONS

1. For each State Track and Field Championship Event Final:
 - (a) Medals will be presented to the first three placegetters;
 - (b) Ribbons will be presented to fourth to eighth placegetters.
2. For each State Relay Championship Event Final:
 - (a) Medals will be presented to the first three placegetters.
 - (b) A team pennant will be presented to the first three placegetters.
 - (c) Only the 4 athletes that competed in the Final are eligible for a medal.
3. For each Combined Events Championship Final (total points winner):
 - (a) Medals will be presented to the first three placegetters.
 - (b) Ribbons will be presented to fourth to eighth placegetters.

Note: Medals or Ribbons will not be presented to placegetters in the individual disciplines of the Combined Events.
4. For each State Cross-Country Championship Individual Event Final:
 - (a) Medals will be presented to the first three placegetters.
 - (b) Ribbons will be presented to fourth to eighth placegetters.
5. For each State Cross-Country Championship Team Event Final:
 - (a) Medals will be presented to the first three placegetters.

6. For each State Road Relay Championship Event Final:
 - (a) Sashes will be presented to the first three placegetters.
7. For each State Cross Country Relay Championship Event Final:
 - (a) Sashes will be presented to the first three placegetters.
8. For State Invitation Events:
 - (a) Ribbons will be presented to first three placegetters.
9. **Region Carnivals:**
Medals will be presented to the first three placegetters in State qualifying events.
 - (a) In the Region Relay Carnival, only the 4 athletes that competed in the Final are eligible for a medal.
10. Approved Centre/Region Uniforms must be worn at the presentation ceremony.

LAVic RULE 607: DISPENSATION FROM APPLICATION OF THE RULES

1. Dispensation from the application of the Competition Rules will not be granted to any athlete except by the LAVic Event Director (CEO), and any such dispensation will be:
 - (a) Announced to all Team managers at the beginning of the competition, and
 - (b) May be appealed by any Team Manager to the Jury of Appeal.

LAVic RULE 608: EQUIPMENT

General

1. The Organising body will provide all equipment, apparatus and implements for all competitions. Athletes private implements may not be used.

Fully Laned Track Events

2. Fully Automatic (including automatic start) electronic timing systems must be used at all Region and State Relay, Track and Field and Combined Events.

Implements

3. Regions are required to have their field event equipment weighed and certified to LAVic specifications prior to each competition.

LAVic RULE 609: TEAM MANAGERS

1. Centres and Regions may appoint up to two accredited Team Managers for competitions for which athletes/teams are competing. The Organising body may allow more than two accredited Team Managers from a Centre or Region. The names and other contact details of the Team Managers must be submitted to the Organising body at least seven days prior to the event.
2. At each competition, accredited Team Managers must report to the Competition Secretary, sign the attendance register and receive their official identification. This identification must be worn at all times to ensure that only accredited Team Managers gain entry to the Arena in case of a clash of events or for official discussions with the Referee, Meet Manager, Jury of Appeal or Competition Secretary.

LAVic RULE 610: STATE TRACK AND FIELD CHAMPIONSHIP QUALIFYING STANDARDS

1. Except for the following events there are no qualifying standards that need to be met:

High Jump

The following table indicates the starting height for each age group at the State Track and Field Championship final. *Note: The U9 & U10 age group is restricted to scissor technique.*

Age	U9	U10	U11	U12	U13	U14	U15	U16
Girls	0.85m	0.95m	1.10m	1.15m	1.25m	1.30m	1.35m	1.35m
Boys	0.90m	1.05m	1.15m	1.25m	1.30m	1.40m	1.45m	1.45m

- Athletes who fail to clear at least the height listed for their age group at Region Track and Field Carnival will not automatically qualify or be progressed to the State Track and Field Championship Final.
- Region Track & Field Carnival starting heights will be set at 10cm below the State Final starting heights for each age group.

Race Walks

- Athletes who finish in a top 8 placing in their event at Region Track & Field Carnival and equal or better the time listed in the table below for their age group will be eligible to be progressed to the State Track and Field Championship Final.
- The maximum field size is 24 athletes per age group.
- Where a full field does not exist, the Organising body will have the discretion to progress athletes who fail to meet these times.

Age Group	Distance	Time
U9	700m	5 mins 50 secs
U10	1100m	8 mins 20 secs
U11	1100m	7 mins 45 secs
U12	1500m	10 mins 35 secs
U13	1500m	9 mins 45 secs
U14	1500m	9 mins 30 secs
U15	1500m	9 mins 30 secs
U16	1500m	9 mins 30 secs

Note. There are no qualifying times for entry into Region Track & Field Carnivals.

LAVic RULE 611: DRAWS AND QUALIFICATIONS IN TRACK EVENTS

Rounds and Heats – Region Carnivals

- The following tables will be used to determine the number of rounds and the number of heats in each round, to be held and the qualification procedure, i.e. those to advance by place and time, for each round of Track Events.

70m, 100m, 200m, 400m, All Hurdles, All Relays (8 finalists)

Confirmed Entries	Round 1			Round 2		
	Heats	Place	Time	Heats	Place	Time
9-16	2	1	6			
17-24	3	1	5			
25-32	4	1	4			
33-40	5	1	3			
41-48	6	2	4	2	3	2
49-56	7	2	2	2	3	2
57-64	8	2	8	3	2	2
65-72	9	2	6	3	2	2
73-80	10	2	4	3	2	2
81-88	11	2	2	3	2	2
89-96	12	1	12	3	2	2
97-104	13	1	11	3	2	2

Note: It is permissible to have a single round (final) greater than 8 athletes, where the venue is capable to cater for more than 8 lanes, however only the first 8 placegetters will be eligible for qualification to the State Championship.

800m

Where there are more than 16 declared entries, athletes will be placed in heats up to a maximum of 16 athletes per heat. A series of timed finals must be used to determine the overall placing of athletes. i.e. Heats and finals will not be conducted.

Medley Relays

Where there are more than 8 declared entries, athletes will be placed in heats up to a maximum of 8 athletes per heat. A series of timed races must be used to determine the overall placing of athletes. i.e. Heats and finals will not be conducted.

1500m and Race Walks

Where there are more than 24 declared entries, athletes will be placed in heats up to a maximum of 24 athletes per heat. A series of timed races will be used to determine the overall placing of athletes. I.e. Heats and finals will not be conducted.

Mixed Sex / Mixed Age Events

LAVic may combine age and/or genders to make full fields. Athletes performances will be used to determine places in each age group and gender.

Rounds and Heats – State Championships

2. The following tables will be used to determine the number of rounds and the number of heats in each round, to be held and the qualification procedure, i.e. those to advance by place and time, for each round of Track Events

70m, 100m, 200m, 400m, All Hurdles, All Relays (8 finalists)

Confirmed Entries	Round 1		
	Heats	Place	Time
9-16	2	3	2
17-24	3	2	2

Ranking and Composition of Heats

3. Region Carnivals:
- (a) Athletes will be randomly placed in heats and athletes who advance to the final will be ranked by performance only for allocation of lanes.
 - (b) The allocation of lanes for finals will be in three draws;
 - Four highest ranked athletes/teams (as above) will be randomly allocated lanes 3, 4, 5 and 6
 - Fifth and sixth ranked athletes/teams (as above) will be randomly allocated lanes 7 & 8.
 - Seventh and eighth ranked athletes/teams will be randomly allocated lanes 1 & 2.

State Championships:

- (a) (i) **Heats:** Athletes shall be **allocated heats** using the zigzag distribution with the seeding determined from the performances achieved during the Region Carnival Final.
- (ii) The allocation of lanes within heats will be random.

Heat 1	1	6	7	12	13	18	19	24
Heat 2	2	5	8	11	14	17	20	23
Heat 3	3	4	9	10	15	16	21	22

- (b) In each case, the order in which heats are to be run shall be determined by draw after the composition of the heats has been decided.

(c) Final

Athletes shall be **allocated lanes** in accordance with the following procedures:

- (i) For events of 70m to 400m inclusive, hurdles and relays, seeding shall be based upon placings and times of each heat. For this purpose, athletes shall be ranked as follows (example if three heats conducted):

- Fastest heat winner*
- 2nd fastest heat winner*
- 3rd fastest heat winner*
- Fastest 2nd place*
- 2nd fastest 2nd place*
- 3rd fastest 2nd place*
- Fastest time qualifier*
- 2nd fastest time qualifier*

- (ii) The allocation of lanes for finals will be in three draws;
 - Four highest ranked athletes/teams (as above) will be randomly allocated lanes 3, 4, 5 and 6
 - Fifth and sixth ranked athletes/teams (as above) will be randomly allocated lanes 7 & 8.
 - Seventh and eighth ranked athletes/teams will be randomly allocated lanes 1 & 2.

Single Rounds

4. In competitions where only a single round (final) is required, lanes / starting positions will be random. Note: For events run entirely in lanes at Region Carnivals, it is permissible to have a single round (final) greater than 8 athletes, where the venue is capable to cater for more than 8 lanes, however only the first 8 placegetters will be eligible for qualification to the State Championship.

LAVic RULE 612: RELAY TEAMS**Team Composition**

1. There are five different relay event types. They are listed in the following table together with the team composition for a particular relay team:

Event Type	Age Group	Team Composition
4 x 100m	U9 - U15 B & G	4
4 x 200m	U9 - U15 B & G	4
Medley (2x100m, 1x200m, 1x400m)	U9 - U16 B & G	4
Mixed Sex 4 x 100m	U9 - U16 MS	2 x Boys, 2 x Girls
Mixed Sex 4 x 200m	U9 - U16 MS	2 x Boys, 2 x Girls

Legend:

B – Boys Only **G** – Girls Only **MS** – Mixed Sex

2. Team sheets listing team members of all entered teams must be submitted no later than forty-five minutes prior to the scheduled start time of first event of the day of competition of the relevant Region Relay Carnival.
- (i) Athletes must be a LAVic financial registered competitive member in their correct age group by the closing date and time of entries for the competition
- (ii) For Relay competitions, the closing date and time of entries will be defined as the date and time of submission of team sheets.
- (iii) Team sheets will be forwarded by the Region to the LAVic Office for use on the State Relay Championship day.
- (iv) For each age group & event type each team must be identified by "A", "B", "C" etc.
3. If there are no changes to team composition between Region and State then forms are not required to be resubmitted. If there are any changes between Region and State or between heats and finals, a Team Change form must be submitted to the Competition Secretary no later than 45 minutes before that particular event.
4. An athlete may compete up to a maximum of three event types per day. This may be three events at the Region Carnival and three separate events at State Championships.
- Note: As an example, if an athlete has been listed in a team in each of the 4x100m, 4x200m & Medley event types at a Region Carnival, the athlete may compete in a team in the MS 4x100m MS 4x200m or Medley event type on State Championship day, as long as the total number of event types does not exceed three on each day and all other team composition rules are followed.*
5. If a team is disqualified from a heat on a particular day of competition, all members of that team will be ineligible to compete in the final for another team of that same event type, on that day.
- Note: As an example, if an 'A' team gets DQ from the heat of the U10 boys 4x100m and the 'B' team qualifies for the final, 'A' team members will not be eligible to compete for the U10 boys 4x100m. This also applies for age group promotions within the same event type.*
6. If a dispute arises as to the eligibility of any athlete in a team to compete the event will be run at the advertised time with the listed teams and the Team Manager of the team in dispute will be informed that the team may be disqualified if it is subsequently found that any athlete in the team was ineligible to compete

7. In the event of a re-run, the same four athletes for each team that competed in the original race must compete in the re-run. The running order of athletes is permitted to change in any re-run.
8. The designated fine of \$250.00 per team may be imposed on the Centre/Region for each team found to be competing in breach of the eligibility of team composition requirements.

Age Group Promotion

9. Except for an athlete promoted to a higher age group, athletes must only compete in events listed for the age group in which they are registered.
10. Athletes cannot be promoted into the U9 age group.
11. Athletes can be promoted as follows:
 - (a) U9 to U12 age groups - one age group only
 - (b) U13 to U15 age groups - one or more age groups
12. If a Centre does not have sufficient athletes in an age group to form a team for:
 - (a) U10 to U16 Age Groups: The team may consist of any combination of age groups providing at least one athlete in the team must be in the age group for which the team is entered and no athlete will have been promoted more age groups than stated above. For example an U16 team may comprise an U16, an U15 and two U14 athletes.
 - (b) Athletes who are promoted up an age groups(s) will compete under the rule modifications of their original age group.
13. A promoted athlete must be listed in a team on the team sheet as a promoted athlete.

Region Teams

14. A Centre within a Region which has six or less registered athletes in an age group may combine with any other Centre(s) within the Region which may have any number of registered athletes in the relevant age group, to form a Region team in that age group. Each team will be subject to the following:
 - (a) Athletes must only compete in their registered age group, i.e. No age group promotions are permitted.
 - (b) Additional athletes to the team may be selected from any Centre(s) within the Region
 - (c) The team must wear the relevant Region uniform in accordance with these Rules.

LAVic RULE 613: ROAD RELAY & CROSS COUNTRY RELAY TEAMS

Team Composition

1. For all age groups, Road Relay team composition will consist of three athletes of the same gender.
2. If a dispute arises as to the eligibility of any athlete in a team to compete the event will be run at the advertised time with the listed teams and the Team Manager of the team in dispute will be informed that the team may be disqualified if it is subsequently found that any athlete in the team was ineligible to compete.
3. In the event of a re-run, the same three athletes for each team that competed in the original race must compete in the re-run. The running order of athletes is permitted to change in any re-run.
4. Any other exceptions will be considered on the day.
5. The designated fine of \$250.00 per team may be imposed on the Centre/Region for each team found to be competing in breach of the eligibility of team composition requirements.

Age Group Promotion

6. Except for an athlete promoted to a higher age group, athletes must only compete in events listed for the age group in which they are registered.

7. Athletes cannot be promoted into the U9 age group.
8. Athletes in the U9 to U14 age groups can be promoted a maximum of two age groups. Athletes in the U15 age group can be promoted one age group.
9. A team may consist of any combination of age groups providing at least one athlete in the team must be in the age group for which the team is entered and no athlete will have been promoted more age groups than permitted.
10. A promoted athlete must be listed in a team on the team sheet as a promoted athlete.

Region Teams

11. A Centre must make every attempt to form Road Relay teams using athletes from their own Centre, including age group promotion. If there are still athletes wishing to compete but cannot form a Centre team, then a Region team may be formed with other Centres in the same situation. Each team will be subject to the following:
 - (a) Regions must submit the names of athletes comprising each team for each event to the Organising body prior to closing date and time of entries.
 - (b) Team composition and age group promotion as per Centre team composition above.
 - (c) The team must wear the relevant Region a uniform in accordance with these Rules.

Appendix 1 - DOCUMENT HISTORY

VERSION CONTROL

Date	Version #	Action Taken / Updates
August 2018	1.0	Creation of Competition Regulations as a separate document from Competition Rules. Instituted version control with August 2018 document becoming V1.0
September 2018	1.1	Amended Medal presentations for Relays – Region & State